The Pears Cumbria School of Medicine
A partnership between IMPERIAL and University of CUMBRIA

PCSM
Research Hub

CumbriaMed Research Webinar Series



The **CumbriaMed Research Webinar Series** showcases leading health researchers working in and with Cumbria. Each session features two expert speakers, followed by a Q&A. Open to staff, patients, relatives, and the public, the series explores how local research is shaping the future of care.

Register at:
tinyurl.com/pcsm-webi14

Webinar Topic: Understanding & Treating Mental Illness

Join on Zoom: **Thursday 22nd October 2026**
at 12:30-13:30

Talk 1 — "Building Research Infrastructure for Mood Disorders"



Dr Mourad Wahba

Consultant Psychiatrist and Lead for the Care Pathway Enhancement (CaPE) Clinic, CNTW; Honorary Senior Clinical Lecturer, Newcastle University.

Mourad is a consultant psychiatrist with particular interests in mood disorders and novel treatments, including the use of psychedelics. He leads CNTW's CaPE Clinic, which gives people with depression and bipolar disorder opportunities to take part in research, and has led the local delivery of several clinical trials.

Talk 2 — "Causes and Treatments of Severe Mental Illness"



Prof Allan Young

Head of the Department of Brain Sciences and Head of the Division of Psychiatry, Imperial College London.

Allan is a psychiatrist and researcher whose work examines the causes and treatment of severe psychiatric illnesses, particularly mood disorders. He has held senior academic posts in the UK and Canada and has published extensively on psychopharmacology, depression and bipolar disorder.

Contact us: pcsmresearchhub@cumbria.ac.uk