

Join us in

Carers' support information event

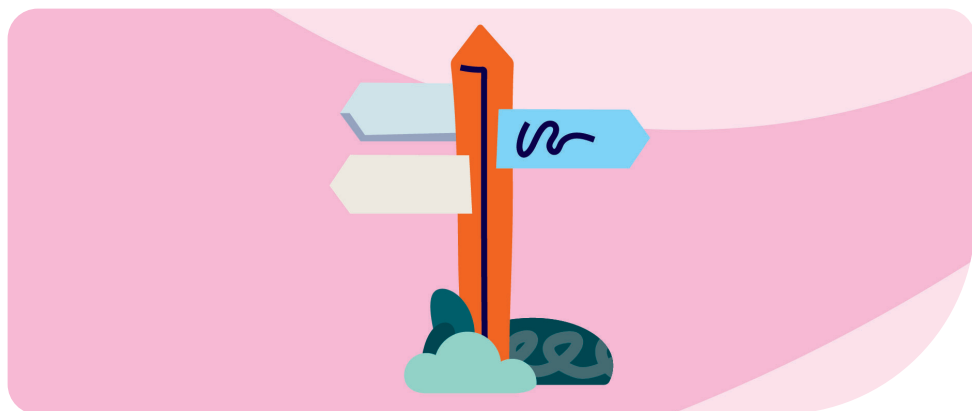
Thursday 15 October 10.30–12.30

Kendal Rugby Club, Shap Road, Kendal, LA9 6NY

A buffet lunch will be served from 12.30

To book your **FREE** place and lunch, please contact
our team: **contactnorthwest@parkinsons.org.uk**
or **0344 2253 628**





Caring for someone with Parkinson's

You might be a family member, a partner, or a friend, providing care and support to someone with Parkinson's.

This information event aims to provide answers to some of the questions you may have about your role, what support is available and how you can look after yourself.

The event will include talks on key topics including:

- carers assessments
- Lasting Power of Attorney
- Westmorland & Furness Carer Support services
- carers counselling

Information stands will include:

- Kendal and district Parkinson's support group
- Age UK South Cumbria
- Care providers: Westmorland Care and Home Instead
- your Parkinson's UK Local Adviser
- Carer Support South Lakes
- social prescribers

Your loved ones living with Parkinson's are really welcome to join us too.
