

Copeland Link Worker roles - August 2026

Team	Area	Host	Roles	Face-to-Face	Groups	Drop-in	Home visits	Self-referral	Ongoing support	Adults	CYP	Inclusion criteria	Contact
Copeland Alliance PCN	Fellview, Lowther & Seascale practices	GPs	Adult Social Prescribers Frailty Care Coordinators	✓	✓	✓	✓	✓	✓	✓	⊗	Social prescribers cannot work with: People with severe and enduring mental health conditions unless it's part of a package of care and has been agreed between the referrer and SPLW. People in palliative care/ people living in care home settings.	Nencicb-cu.copelandsp@nhs.net 01946 599998
Copeland Haven PCN	Distington Whitehaven (Mansion House) Egremont West Croft	GPs	Health and Wellbeing Coach Occupational Therapist Frailty Care Coordinator CYP Social Prescriber	✓	✓	✓	✓	✓	✓	✓	✓	All roles except CYP social prescriber only work with adults.	nencicb-cu.havenpcn@nhs.net 01946 853322
Cumberland Social Prescribing Team	Cumberland	Council	Senior Social Prescribing Officer Community Connector Digital Connector	✓	⊗	✓	⊗	✓	✓	✓	⊗	Over 18s only. Low level, mainly signposting, don't hold a big case load	Social.prescribing@cumberland.gov.uk
Cumberland Health and Wellbeing	Cumberland	Council	H & W Coach H & W Officer Smoking Cessation	✓	✓	⊗	✓	✓	✓	✓	⊗	Over 16s	Contactthehealthandwellbeing@cumberland.gov.uk . Duty West Mobile 07769648892 Request support to improve your health and wellbeing Cumberland Council
CVS Third Sector Referral Coordinators	North Cumbria	CVS	Third Sector Referral Coordinator	☎	⊗	⊗	⊗	⊗	⊗	✓	⊗	Not psychotic episodes, suicidal behaviour or needing assessment by mental health professionals	Pathway0@cumbriacvs.org.uk Tel: 07356156469
Age UK North Cumbria	North Cumbria	Age UK	Caseworkers	✓	✓	⊗	✓	✓	✓	✓	⊗	Over 50s	Please call us on 01228 536673, Monday to Friday between 9am and 4.30pm.
Cumbria Health Work Well	North Cumbria	Cumbria Health	Work Coaches	✓	⊗	⊗	⊗	✓	✓	✓	⊗	Over 18, right to work in UK. In work and struggling, off sick from work or had to leave work in last 6 months due to health	Email: WorkWellNorth@cumbriahealth.nhs.uk Work Well North Cumbria – self-referral form