



Welcome to the latest briefing note from the Neighbourhood Health and Care Programme.

These briefing notes are designed to keep partners connected with the ongoing development of Neighbourhood Health across Cumberland. They provide a snapshot of current activity, highlights from across the programme and beyond, and opportunities to get involved as we continue to shape our shared approach

In this edition you will find information on the **progress of the Neighbourhood Health and Care Programme** in Cumberland including held last month, an **NHS England national consultation** on proposed Multi-Neighbourhood Provider (MNP) and Single Neighbourhood Provider (SNP) contracting models to support neighbourhood health services, **perspectives** on Neighbourhood Health from **outside Cumberland** and details of **a report** from **North Cumbria Social Prescribing Steering Group** looking at social prescribing, health and wellbeing coaching and similar approaches locally.

The Neighbourhood Health and Care Programme: Building Stronger Partnerships for a Healthier Cumberland

Over recent months, the Cumberland Neighbourhood Health and Care Programme has continued to bring partners together around a shared commitment and ambition: improving health and wellbeing outcomes for our communities through stronger collaboration, earlier intervention and more neighbourhood-based support

A milestone moment: The Cumberland Health and Care Summit

A significant milestone was the **Cumberland Health and Care Summit**. The event brought together a diverse range of partners to share knowledge, explore local priorities and consider how we can work differently to improve outcomes for residents. Its success was not simply measured by attendance or discussion, but by the enthusiasm, openness and collective ambition demonstrated throughout the day. The conversations throughout the day reinforced a simple but important message: no single organisation can improve population health alone. Strong partnerships, shared responsibility and coordinated action will be essential if we are to make a lasting difference. You can [watch a short video about the day here](#)

Continuing the conversation through our workshops

This spirit of collaboration has continued through our **Neighbourhood Health planning workshops**. Engagement has been strong, with partners contributing their expertise, local insight and lived understanding of the communities they serve. The workshops have created

valuable space to listen, test ideas and identify both shared challenges and opportunities. They have also helped us better understand the strengths and assets already present across Cumberland.

Looking ahead

Our **next priority** is to turn this energy into a **shared vision and clear objectives**. This means maintaining honest conversations, agreeing where collective action can make the greatest difference and ensuring that residents and communities remain central to our thinking. A shared vision must be more than a statement of intent: it should provide a practical foundation for coordinated action, shared accountability and measurable progress.

The Neighbourhood Health and Care Programme Team continues to support this work on behalf of all partners. The team acts as a connector and enabler - bringing people together, coordinating activity, sharing learning and helping good ideas move towards delivery. This capacity belongs to the partnership as a whole and is most effective when it responds to shared priorities, complements existing expertise and helps remove barriers to joint working.

There is still much to do, but the foundations are becoming stronger. Through sustained engagement, mutual trust and a continued focus on what matters to local people, we can move from individual contributions to collective impact. The success of the summit and workshops has shown the strength of our shared ambition. The challenge now is to build on that momentum and translate it into lasting improvements in health and wellbeing across Cumberland.

National news

NHS England consultation: Multi-Neighbourhood Provider and Single Neighbourhood Provider contracting models – deadline 10 September.

The NHS is currently consulting on proposed Multi Neighbourhood Provider (MNP) and Single Neighbourhood Provider (SNP) contracting models to enhance neighbourhood health services. These models aim to bring together various providers, including general practice and community services, to deliver care closer to patients' homes.

More information can be found through the links below:

[A consultation on proposed Multi-Neighbourhood Provider \(MNP\) and Single Neighbourhood Provider \(SNP\) contracting models to support neighbourhood health services - NHS England - Citizen Space](#)

Perspectives on Neighbourhood Health from outside our area

New Local has partnered with leading thinkers and practitioners, [Cormac Russell](#) and [Prof Lisa McNally](#), to host their paper, "[Putting the Neighbourhood Back into Neighbourhood Health](#)". The document focuses on the policy and practice momentum around the idea of organising services around neighbourhoods and strengthening networks, decision-making, resources and infrastructure in neighbourhoods to improve outcomes for people before they require services.

News from our partners

Social prescribing is an important part of neighbourhood-based health and care in Cumberland, supporting improved wellbeing, prevention, and reduced health inequalities. By focusing on what matters to individuals and connecting people to community support, social prescribing helps address the wider social, emotional, and environmental factors influencing health, rather than medical need alone.

It plays a key role in supporting prevention, improving wellbeing and reducing health inequalities.

North Cumbria Social Prescribing Steering Group published a report into social prescribing, health and wellbeing coaching and similar approaches locally which you can read via the following link: [Social Prescribing Report](#)

We hope you have found this edition of the *Briefing Notes* useful. If there is a project, initiative or piece of learning you would like to share in a future edition, we would be delighted to hear from you.

If you would prefer not to receive these briefings, or if your contact details have changed, please let us know and we will update our records.

Thank you for taking the time to read, and for your continued interest in the Neighbourhood Health Programme.