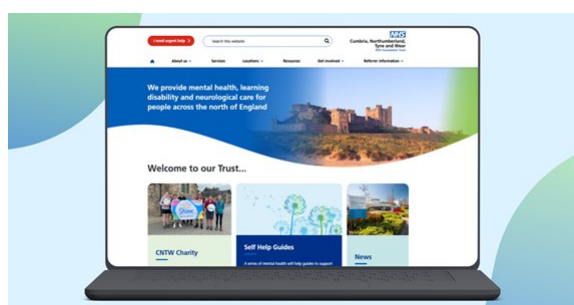


Welcome to the latest edition of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (CNTW) newsletter. This edition brings you the latest news and developments from across the Trust - from improvements in patient care to the achievements of our staff, and the ongoing work with our partners and communities.

Thank you for your continued interest and support.



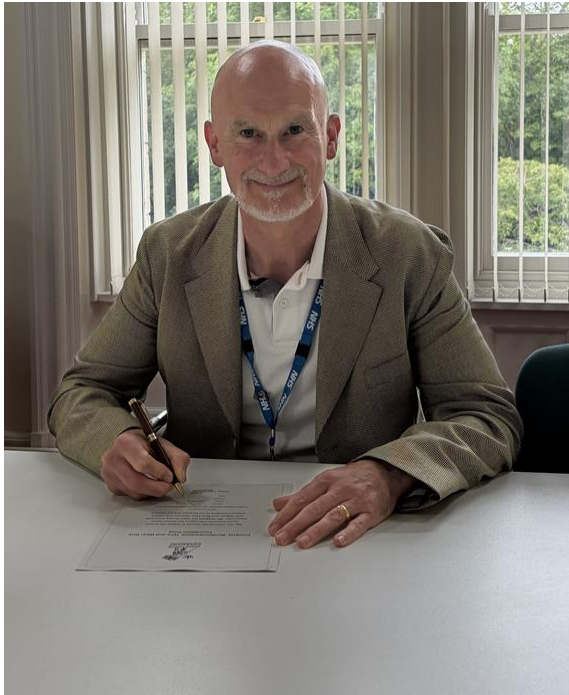
Welcome to our new website

Our new website is now live, offering a clearer design, improved navigation and easier access to our services. This update is an important step in making sure people can quickly find the information and support they need.

Thank you to everyone who contributed their ideas and insight throughout the development process. Your feedback directly shaped the structure, content and features of the new site.

[Find out more](#)





Trust pledges support for Armed Forces community

Our Trust has reaffirmed its commitment to the Armed Forces community by re-signing the Armed Forces Covenant.

By renewing this pledge, we recognise the vital contribution of serving personnel, reservists, veterans and military families, and strengthen our promise to ensure they are treated fairly and supported within our services and workforce.

[Find out more](#)



Are you supporting someone living with bipolar and currently experiencing depression?

CNTW is recruiting adults with bipolar depression to take part in the ASCEnD Trial, a UK-wide study investigating a potential new treatment for bipolar depression. Healthcare professionals can refer eligible individuals, and self-referral is also available.

[Find out more](#)





A night of music supports patient wellbeing

Music, recovery and community in harmony – Paul Maddison's fundraising gig raised £1,312 for SHINE helping to support projects that enhance the wellbeing of patients across CNTW services

[Find out more](#)

Work for us

We have a number of posts available across a range of specialities across Cumbria, Northumberland, Tyne and Wear.

[View our current vacancies](#)