

CumbriaMed Research Webinar Series



The **CumbriaMed Research Webinar Series** showcases leading health researchers working in and with Cumbria. Each session features two expert speakers, followed by a Q&A. Open to staff, patients, relatives, and the public, the series explores how local research is shaping the future of care.

Webinar
Topic:

The Science and Medicine of Sleep



Register at:
tinyurl.com/pcsm-webi11

Join on Zoom: **Thursday 25th June 2026**
at 12:30-13:30

Talk 1

"Sleep Medicine"

Prof Mary Morrell

Head of the Pears Cumbria School of Medicine, and Professor of Sleep and Respiratory Physiology, Imperial College London



Mary is a sleep and respiratory physiologist whose research has investigated sleep and breathing conditions such as sleep apnoea. Before moving into research, she trained and worked as a nurse, and she has held senior academic and education roles at Imperial and Pears Cumbria School of Medicine.

Talk 2

"The Science of Sleep"

Prof Nick Franks

Professor of Biophysics and Anaesthetics, Imperial College London



Nick is a scientist whose research examines how general anaesthetics work, and the cellular and neuronal mechanisms behind natural sleep. His work has helped build understanding of sleep, anaesthesia and brain function.