

THRIVING WOMEN

20-22nd Jan 2026

Colours Hub, Whitehaven



SCAN HERE
FOR INFO

A neurodivergent- and LGBTQ+ inclusive space

**ARE YOU UNEMPLOYED &
READY TO RETURN TO WORK?**

**JOIN OUR FULLY FUNDED 3 DAY PERSONAL
DEVELOPMENT PROGRAMME FOR**

EMPOWERMENT - CONFIDENCE - RESILIENCE

www.lakelandwellbeing.co.uk - 07810890528