

CumbriaMed Research Webinar Series



The **CumbriaMed Research Webinar Series** showcases leading health researchers working in and with Cumbria. Each session features two expert speakers, followed by a Q&A. Open to staff, patients, relatives, and the public, the series explores how local research is shaping the future of care.

Webinar
Topic:

Innovations for Wellbeing



Register at:
tinyurl.com/pcsm-webi5

Join on Zoom: **Thursday 27th November 2025**
at 12:00-13:00

Talk 1

"Psychedelics for Depression"

Prof David J. Nutt

Professor of Neuropsychopharmacology and Director of the Centre for Psychedelic Research, Imperial College London



A psychiatrist and leading authority on brain-acting compounds, he studies how psychedelics may unlock rigid neural networks to treat depression. Founder of DrugScience, he champions evidence-based drug policy and led groundbreaking neuroimaging studies, including the first LSD brain scans.

Talk 2

"Young People as Co-Researchers Building Agency to Influence Health and Other Systems"

Prof Amanda Taylor-Beswick

*Professor of Digital Social Science,
University of Cumbria*

& Georgia Denham

*Senior Youth Worker and Youth Participation Lead,
Carlisle Youth Zone*



Amanda and Georgia work at the intersection of youth voice, wellbeing, and digital society. Amanda, a social worker turned academic, researches how technology can drive social good and prepare future professionals for a digital world. Georgia, a theatre graduate and youth leader, uses creative performance to empower young people and strengthen their influence in their communities.