

Social Prescribing

Wellbeing Festival

Friday 8 August 2025, 10am - 3pm

Whitehaven Rugby League Club

Recreation Ground, Coach Road

**Wellbeing
support**

**Arts
and crafts**

**Dance
and music**

**Bouncy
castles**

**Climbing
wall**

Plus lots more...

**Special guests
include Marathon
Man Gary McKee
and WRLFC mascot
Pride the Lion**

**FREE
FUN
DAY**

Food and drink on sale, plus free food for children, while stocks last

No dogs allowed, other than assistance dogs

A timetable of outdoor activities will be available on the day



Balfour Beatty
Kilpatrick



:Rosehill

