



Essential Volunteer Skills

Thursday 19 September 2019
9.30am - 12.30pm

Shaddongate Resource Centre, Shaddongate,
Carlisle CA2 5TY

This Essential Skills session will provide volunteers with important background to their volunteering role.

The session will focus on:

- Communication skills
- Creating effective boundaries
- Managing difficult situations
- Lone working and working safely
- Safeguarding

Cost: FREE*

Refreshments provided.

Booking essential. Limited places available.

* A £10 cancellation fee applies if a place is cancelled within one week of the training and/or for non-attendance.

How to Book

Online: www.cumbriacvs.org.uk/training-and-events

or

Booking form: complete and return a booking form to:

- Cumbria CVS, Shaddongate Resource Centre, Shaddongate, Carlisle, CA2 5TY
- info@cumbriacvs.org.uk



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