

North West Air Ambulance needs Fundraising Event Volunteers. The role of fundraising volunteer is varied. Duties may include: leading or supporting on an information stand, engaging with the general public as an ambassador for NWAAs to raise awareness as to our work and how they are funded or selling merchandise and handling small amounts of cash. They also need Tin Collection volunteers and Kendal retail volunteers.
Contact Lisa Rawcliffe on 07394855588.

South Lakes Citizens Advice needs volunteers to help on reception, be advisers or to be digital/information assistants. Digital/Information Assistants talk to clients face to face, to help them find information online that can help them solve their problems. Some examples of what you could do:
- find the information online that explains how to check a client's state pension age and help them to do this
- help a client find and understand steps they can take to deal with their rent arrears
- look out for problems that are common, or are unfair, and write a short report about the problem or a letter to an elected official like an MP.
Contact Rachel Van Staden on 015394 47175.

Ulverston Breastfeeding Support Group is looking for meet and greet volunteers. The role involves assisting the Group Leaders to ensure the smooth running of the group on Mondays 9.30-11.30, in weeks when you are available, as agreed with the group leaders in advance.
Contact Ann Bruce on 015394 42593.

AWAZ Cumbria are looking for English Language Support volunteers that want to learn more about the diverse communities and support local people to improve their English language skills and help these people to integrate into the local community.
Contact Aftab Khan on 01228-511115.

The Brathay Trust need a Volunteer Co-ordinator who can assist them in finding and recruiting volunteers for their challenge events. The Co-ordinator will help to recruit new volunteers, maintain regular contact with existing volunteers, liaise with the Challenge Events team and promote volunteering through attending events and building networks.
Contact Rebecca Brown on 015394 39749.

Ulverston Mind needs volunteers to help with their allotment project, either with expertise or with digging and planting. They also need volunteers to help at their drop-in sessions and group support sessions which involves being a listening ear, providing information and support or signposting service users. Information Volunteers are also needed to provide information about their services out in the local community. They also need Volunteer Speakers or Demonstrators who have a skill or talent that they could share or talk about at their group sessions.
Contact Heather Rhodes on 07927 013 200.

The British Heart Foundation need retail volunteers in Bowness-on-Windermere and Kendal to help as:

- Customer Service Assistants, Telephonists & Cash Desk Assistants help make us customers feel special.
- Department Specialists to co-ordinate our books, vinyl, accessories or seasonal displays.
- Stock Room Assistants
- Volunteer Stock Collection Drivers & Stock Generators get out and about within the community.

Contact Sharon Everton on 015394 44026 (Bowness) or Margaret Cunningham on 01539 728660 (Kendal).

Common Space: Common Humanity aims to be responsive to the needs of refugees and other displaced people in South Lakeland. They are looking for volunteers to help with the following roles Administrative Officer, Media and Publicity Officer and Funding Officer.
Contact Amy Robinson on 0780 6611792.

Age UK working in South Cumbria need Community Link Volunteers to help older people to access social activities over a period of 6 weeks. They also need Falls Awareness Champion Volunteers, retail Volunteers in Bowness, Milnthorpe, Ulverston, Grange, Windermere or Kendal. Digital Champion Volunteers are also needed who help demonstrate online shopping, teach basic IT skills, help out at IT Drop Ins and encourage older people to get online. They also need Lunch Club Volunteers and Home Visiting and Telephone Befrienders.
Contact 01539 728118.