

Introduction to Volunteering Session

Do you want to know more about volunteering?

If so, then join us at this small informal session and find out more about:

- Becoming a volunteer
- The range of local volunteering opportunities
- Organisations needing new volunteers
- The benefits of volunteering
- How to get involved in volunteering

**WHERE WILL
VOLUNTEERING
TAKE YOU?**

Friday 25 January 2019

1.00pm-2.30pm

**Cumbria CVS, Shaddongate Resource Centre,
Shaddongate, Carlisle, CA2 5TY**

Book essential - please book your place today!

To book: book online: <https://cumbriacvs.org.uk/training-and-events/categories/volunteer-training/>

**OR complete and return the downloadable booking form from:
<http://cumbriacvs.org.uk/training-and-events/categories/volunteer-training/>**

For further information

Email: info@cumbriacvs.org.uk or call: **01768 800350**

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