

## Safeguarding/Adult Protection

This is an essential training opportunity if you support vulnerable adults.

The training will cover:

- What is Safeguarding and Adult Protection
- Who is a vulnerable adult and what constitutes abuse
- Different types of abuse, how to spot it and what to do
- How to report concerns
- How to handle situations confidently and sensitively

**Wednesday 27 February 2019**

**10am - 1pm**

**Cumbria CVS, Lesser Kings Hall, 57-59 Hartington Street,  
Barrow LA14 5SR**

**FREE to all volunteers\***

\* A £10 cancellation fee applies if a place is cancelled within one week of the training and/or for non-attendance.

Book online: [www.cumbriacvs.org.uk/training-and-events](http://www.cumbriacvs.org.uk/training-and-events) OR

Complete and return a booking form to:

- Cumbria CVS, Shddongate Resource Centre, Shddongate, Carlisle CA2 5TY
- [info@cumbriacvs.org.uk](mailto:info@cumbriacvs.org.uk)

