

Introduction to Volunteering Session

Do you want to know more about volunteering?

Would you like to volunteer?

If so, then join us at this short informal session and find out more about:

- Becoming a volunteer
- The range of local volunteering opportunities
- Local organisations looking to recruit volunteers
- The benefits of volunteering
- How to get involved in volunteering



Monday 10 July 2017

10.30am-12noon

Cumbria CVS, Shaddongate Resource Centre


Shaddongate, Carlisle CA2 5TY

Book essential - please book your place today!

**To book: complete and return the downloadable booking form from:
<http://cumbriacvs.org.uk/training-and-events/categories/volunteer-training/>**

For further information

Email: info@cumbriacvs.org.uk or Call: 01768 800350

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